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Bringing Jesus Christ to people for the first time and for a lifetime!

Gloria Dei Lutheran Church | www.gloriadeionline.com | 515-276-1700

Mar. 3-4, 2012 | Second Sunday in Lent

On guard

by Karen Kennedy, Director of Publicity and Promotion

Today's message revolves around a part of the body that God is vitally interested in—the heart. In fact, Jesus clearly points to the heart in the midst of the Pharisee uprising concerning the disciples not rigorously washing their hands before they ate. How dare they? Once again, the Pharisees are in direct opposition with Jesus. They centered on man's actions. Jesus focused on the heart—and so should we.

This isn't the first time Jesus mentions the heart. (Check out Matthew 5:8, 6:21, Luke 12:29 and Luke 6:45.) In fact, heart talk is found throughout scriptures. According to Proverbs 4:23, we are to be active guard keepers of our heart.



Above all else, guard your heart, for everything you do flows from it. Proverbs 4:23 NIV

Above everything? Above our possessions? Above our families? The importance of guarding our heart is of utmost importance to God.

In ancient times, inhabitants of towns would build citadels to protect them from the likelihood of an intrusion from an enemy as well as to protect from impending weather conditions. In order for the citadel to be effective, its walls needed to be maintained continuously because the smallest breach could cause devastating havoc.

Isn't that what we need to do with our hearts? Our hearts need to be protected at all times. The enemy would love to pry open a small crack in our hearts by a minuscule doubt, an envious thought, a destructive wish, an arrogant word, slanderous sayings or any other contrary means to sway our hearts from following Jesus.

When my children were little, they had plastic swords that lit up. As they would fight their imaginary foes, they would swipe the air with these plastic swords during the day or night, and shout "On guard!"

Perhaps that is what we can to do to protect our hearts. God has given an indispensable weapon, his Word, to be used for guarding our hearts and fighting off our foes (Ephesians 6:17). So, this week let's put our hearts "on guard" and enjoy God's protection.





Shaped by the Cross...

March 7, 14, 21 and 28 at 12:15 & 6 p.m.

The 12:15 p.m. service will be organ-led and shorter, allowing people time to pick up a sack lunch before leaving.

The 6 p.m. service will present blended music with a variety of instrumentation and a rich, family worship environment; children will be dismissed for Faith Alive halfway through the service.

Midweek meals

Please join us from 5-5:45 p.m. on Wednesdays during Lent. Cost is \$5 per adult, \$2.50 per child or youth (2 years and under eat free). March 7: Pulled Pork

Honduras mission trip meeting

Tuesday, March 6 at 6:30 p.m.

Please attend this informational meeting concerning the summer's mission on Saturday, June 30 -Saturday, July 7, 2012.

If you have any questions, contact Bill Clark at 491-8543.

Holy Week and Easter

Please mark your calendars to worship with us for Holy Week and Easter.

Maundy Thursday with Communion, April 5

Traditional worship at 12:15 p.m. in the Sanctuary

Traditional worship at 6 p.m. in the Sanctuary

Contemporary-blend worship at 7:30 p.m. in the Sanctuary

Good Friday Services, April 6

Traditional worship at 12:15 p.m. in the Sanctuary

H3 family worship at 4:30 p.m. in the Family Life Center

Traditional worship at 6 p.m. in the Sanctuary

Contemporary-blend worship at 7:30 p.m. in the Sanctuary

Easter Worship Saturday, April 7

Contemporary worship at 5:30 p.m. in the Family Life Center

Contemporary-blend worship at 7 p.m. in the Sanctuary

Easter Worship Sunday, April 8

Traditional Worship at 8 a.m. in the Sanctuary

Contemporary Worship Service at 9 a.m. in the FLC

Traditional Worship at 9:30 a.m. in the Sanctuary

H3 Worship Service at 10:30 a.m. in the Family Life Center

Contemporary Worship Service at 11 a.m. in the Sanctuary

Thrivent Choice

If you designated Thrivent Choice funds to Gloria Dei last year, please go online to designate your recurring direction for 2012. Thrivent does not automatically roll over 2011 recurring directions to 2012, you must set it up for 2012. Simply log on to www.thrivent.com and click on the Thrivent Choice link or call 1-800-847-4836 and state "Thrivent Choice."

Ways to help

Urbandale Food Pantry - Consider donating deodorant in March to the "Food Pantry" bin in the Narthex.

Honduras Mission - Additional items needed in March for the Honduras mission are hair pretties, combs, hair gel and lice killing shampoo. Please place items in the "Honduras" bin in the Narthex.

Seniors-save the date

Saturday, March 17 at noon Think about it! Spring will almost be here, and the thought of going outside may even entice the most stay-at-home seniors. So, get your recipes out, plan to make something that will be the talk of the lunch.

A-J - Salads K-R - Casseroles/meal dish S-Z - Dessert And the fun doesn't end there. After quickly clearing off the tables, board games will be the afternoon's activity. So bring your favorite board game and be prepared to laugh with (or at) each other.

2 | Bringing Jesus Christ to people for the first time and for a lifetime.



Gloria Dei Lutheran Church 8301 Aurora Ave. Urbandale, Iowa 50322

515-276-1700

Church office hours:

Monday-Friday 8 a.m. - 4 p.m.

Rev. Ronald Burcham Senior Pastor rburcham@gloriadeionline.com

Rev. Timothy Phillips Director of Congregational Care tphillips@gloriadeionline.com

Rev. Philip Robarge Director of Adult Ministry probarge@gloriadeionline.com

Governing Board govboard@gloriadeionline.com

For a complete staff listing: go to our Web site at: www.gloriadeionline.com

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LWML

Mary Esther Circle will meet Thursday, March 8 at 9 a.m. at the home of LaVonne Clark, 7309 Palm Dr., Urbandale.

Naomi Circle will meet Thursday, March 8 at 9:30 a.m. at Panera Bread on Westown Parkway in West Des Moines.

Rebekah Circle will meet Thursday, March 8 at 7 p.m. at the home of Shirely Daib, 205 N. Circle Drive, Grimes.

Ruth Circle will meet Monday, March 12 at 7 p.m. at Panera Bread, 2839 86th St., Urbandale.

Miriam Circle will meet Tuesday, March 13 at 7 p.m. at the home of Donna Osby, 10335 Norfolk Dr., #1, Johnston.



The Wells Bring Hope Project

The youth group has set an audacious goal for this year—to raise \$5,600 to build a well in Niger, Africa. The idea caught fire when Tim Kightlinger, Director of Youth

Ministry, asked Danielle Wright, Haley Ness and Emma Griffiths if they would be interested in helping. They responded quickly with a "count me in" nod and started to develop a plan. They settled on the theme "sacrifice a little, so someone can have a lot," because they wanted to encourage sacrificial giving. So instead of eating out or buying



candy, they are encouraging each other to put the money in the well.

"I am excited because I always wanted to help someone like this," said Danielle.

The project*: The Wells Bring Hope project, working alongside of Word Vision, understands the importance of clean water, specifically for Niger, Africa. Since Niger is the third poorest country in the world, with 68 percent of its inhabitants having no access to clean water and 87 percent with no access to good sanitation. These factors contribute to a life expectancy of 53 years old.

The importance of safe and clean water: Clean water is a given in America, however in Niger, it is a luxury. According to the World Health Organization (WHO), "No other humanitarian intervention produces a more dramatic effect on life than access to safe water and sanitation."

The project is fairly simple in nature —to dig a well deep enough that it reaches the level of pure artesian water that can provide a village of 400-500 people with safe water



for more than 30 years. As soon as fresh water becomes a staple in a community, childhood mortality drops by 65 percent and water-borne diseases are virtually eliminated. The well's benefit also ricochets into the educational realm because girls can now go to school instead of walking miles to a water hole that is usually laced with parasites.

If you would like to join the sacrificial giving that the youth is modeling, please drop off your donation at the well in the Youth Center or donate online by going to our homepage at www.gloriadeionline.com. * *Source wellsbringhope.org*

Servers

Officiant/Liturgist: 5:30 p.m. (FLC): Rev. Ron Burcham

7:45 a.m. (Sanctuary): Rev. Phil Robarge

9 a.m. (Sanctuary): Rev. Phil Robarge

10:30 a.m. (FLC): Rev. Phil Robarge

10:30 a.m. (Sanctuary): Rev. Ron Burcham

Preacher Rev. Ron Burcham **Organ** Lynn Hays

Acolytes 7:45 a.m. (Sanctuary):

9 a.m. (Sanctuary): Sophia Nelson

Jackson Larson

10:30 a.m. (Sanctuary): Clair Nesheim

Scripture reading: Mark 7:5-23 (NIV) Hospitality Teams Northwind (FLC) Team Four

7:45 a.m. (Sanctuary) Team Four

9 a.m. (Sanctuary) Team Three

10:30 a.m. (FLC) TBD

10:30 a.m. (Sanctuary) Team Four

Let's pray!

Prayer requests can be made on the back of the "Welcome" card located in the pews. Please indicate your prayer request and place the card in the offering plate. We have both e-mail and phone prayer chains available. Call Pastor Phillips in the church office, 276-1700, or Diane Young between 9 a.m. and 5 p.m. at 993-3870 with your request.

Thanksgivings

• For the blessing of health and tolerance of treatment for Emma Anderson

For the health of:

- Steve Crouthamel
- Sue Anderson
- Jim Esslinger
- Brenda Barron
- Ed Mautz
- John Biondi
- Marilyn Cervantes
- Tom and Carol Beedle
- Charleen Hilterbrand
- Rudy Petersen
- Stan Knapp
- Jennifer Ohrart
- Bruce Hill's mother

And for:

- Our military
- For those affected by last week's storms
- Our youth and their families

Prayer ministry

To join the prayer ministry team, e-mail Pastor Phillips at: tphillips@gloriadeionline.com. with your name, e-mail address and phone number.

Faith chests - building family and faith-based memories

In recent months, a 16-year-old dream has become a reality in the children's ministry with the building of faith chests that will be given to children who are baptized.

receive a lovingly created and hand-crafted chest. Just think! Throughout their young lives, each child will have a place to store items that represent his or her faith journey."

DeAnn McCue originally heard about faith chests at a children's conference 16 years ago. "This chest is meant to grow with a child, by continuing to add items that have helped cement his or her faith," says DeAnn.

The idea caught on when Duane Haas, Jeff Olson, Bruce Boettcher, Mo Grotheer and Dennis Spark viewed a template and then started to map out

ways to build a chest for each child baptized at Gloria Dei. Currently more than 50 children are baptized yearly, with an anticipation of an increase in the future.

"This is just fantastic," says Duane. "Each family will



Duane Haas and Mo Grotheer are part of a team who made a 16-year-old dream come to life.

Part of the team's master plan was to find ways to sustain and to involve others in the project. Without skipping a beat, Duane, says the plan is simple, "We have moved the wood and our tools into room 119 and plan to invite ministry partners as well as families to help assemble or to build a chest—that is, if you can pull us away from building each chest."

On Saturday, March 10 from 9 a.m. to noon, families are invited to build a chest for about an hour. If you would like to help or purchase a chest for an older child or a friend, contact DeAnn at 278-5544, ext. 207 or deann@gloriadeionline.com.

Welcome New Members!

Welcome! We are glad that you are with us! We pray your experience at Gloria Dei will be a growth catalyst for your life.



Loren and Jolene Bell

Joel Goetsch and

Jaime Peterson



JoAnn Boswell



Paul Rearick



Bob and Rhonda Christensen



Tim and Nancy Schroeder

(Not pictured: Greg Christensen, serving overseas; Collin (11) and Brett (7) Schroeder)

Gloria Dei Quilters

Saturday, March 10 8:30 a.m. to 5 p.m Rooms 134/36/38

Another weekend to focus on quilting before spring is officially here. Come share your inspirations and creations with everyone and get an estimate of how many quilts we'll have for this year's mission projects.

Scrapbook fellowship

Friday, March. 9 8:30 a.m. to 11 p.m. Saturday, March 10 8:30 a.m. to 5 p.m. Come join the fun. For childcare, contact Carol Wenndt by Wednesday, March 7 at 306-4352 (phone or text) with the date, times (start and finish) as well as the number of children.

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Senior high (9-12)

Bible Study Sunday at 9 a.m. Mar. 4: Join us for discussion on "Life of Jesus: The Heart."

The Point - Wednesdays at 6 p.m. Eighth graders join the high school group for the Point this Wednesday. We will have worship at 6 p.m.

Junior high (6-8)

Castaway - Sunday 9 & 10:30 a.m. March 4: Join us for discussion on "Life of Jesus: The Heart."

Small Group - Wednesday from 6-7:15 p.m. Students in grades 6-7 meet in small groups to discuss various topics. We will have worship at 6 p.m.

Café 923 - Friday, March 9 from 6-9 p.m. Great pizza, games and good times. Contact: Tim Kightlinger tim@gloriadeionline.com

Life hurts...God heals (Grief support)

Meets on Sundays from 6-7 p.m. in Youth Center. Open to all teens in grades 8-12 and their friends who have lost someone close to them or are dealing with life pains and need God's healing.

The Well

"Sacrifice a little, so someone can have a lot." The youth ministry students have been challenged to raise \$5,600 to build a well in Niger, Africa. We have \$202 raised so far! If you would like to help, contact TK.



Friday, March 30 from 5-7:30 p.m.

The children's ministry and Tiny Treasures invite you and your friends for spring fun. There will be some special visitors, including local author Rebecca Janni, who wrote the popular children's story, "Every Cowgirl Needs a Horse." The cost will be \$10 per family, which includes dinner.

VBS - it's bound to be fun

Overview of spring break VBS

Children ages 3-11 will learn how everything is possible with God, because of his great love. Each day, they will experience lively worship, relevant teaching, hands-on activities and lots of time to hang out with their friends. Register today on our Web site at www.gloriadeionline.com.

Ministry partner training

If you have signed up or would like to help with VBS, please attend one of our three training times.

Thursday, March 8 from 6:30-7:30 p.m. Saturday, March 10 from 10-11 a.m. Sunday, March 11 from 10-10:30 a.m.

Questions, please contact DeAnn McCue at 278-5544, ext. 207.

Urbandale Lioness Club

The Urbandale Lioness and Lions Clubs invite you to the Annual Scholarship Brunch on Sunday, March 4 from 8:30 a.m. to 1:30 p.m. at the Urbandale Senior Center, 7305 Aurora Ave., Urbandale. The menu includes egg omelets, pancakes, muffins and drink. Proceeds go to Citizens Scholarship Foundation of Urbandale. Adult tickets are \$6; Children under 10 are \$3.

Week of March 3-10, 2012

Saturday, March 3				
7:30 a.m.	Courageous Living Men's Bible Study			
10:00 a.m.	Easter Audio Seminar (Off site)			
5:30 p.m.	Northwind Worship Service in the			
	Family Life Center			
5:50 p.m.	Grace Place			
6:30 p.m.	Klinefelter Small Group			
Sunday, M	arch 4			
7:45 a.m.	Traditional Worship Service in			
	Sanctuary with Communion			
9:00 a.m.	Courageous Living Men's Bible Study			
9:00 a.m.	Traditional Blend Worship Service in			
	Sanctuary with Communion			
9:00 a.m.	Senior High Bible Study			
9:10 a.m.	Adult Bible Study			
9:20 a.m.	Castaway			
9:20 a.m.	Grace Place			
9:20 a.m.	Lifelight Bible Study			
10:15 a.m.	Adult Bible Study			
10:30 a.m.	Contemporary Worship Service			
	in Sanctuary with Communion			
10:30 a.m.	H3 Worship Service in Family Life			
	Center			
10:50 a.m.	Castaway			
10:50 a.m.	Grace Place			
12:00 p.m.	Bell Choir Rehearsal			
12:00 p.m.	Dinner Theater Rehearsal			
6:00 p.m.	Boyz of Faith			
6:00 p.m.	Alpha MAT			

Monday, March 5

9:30 a.m.	Mom's Bible Study
9:30 a.m.	Women's Bible Connections
1:00 p.m.	Stephen Ministry Supervisior
6:30 p.m.	Women's Bible Connections
6:30 p.m.	Stephen Ministry Supervision
6:30 p.m.	Stephen Ministry Training

Tuesday, March 6

9:00 a.m. XYZ (Extra Years of Zest)1:00 p.m. Directors' Meeting2:00 p.m. Worship Planning Meeting2:30 p.m. Tuesday Afternoon Bible Study

Worship (Feb. 25-26)	Attendance	Communion
Northwind	206	102
7:45 a.m.	109	
9 a.m. (Sanctuary)	347	
10:30 a.m (Sanctuary)	258	
10:30 a.m. (FLC)	80	25
Total	1,000	127

Tuesday, March 6 (continued)

Tuesday, March 6 (continued)				
3:30 p.m.	Mt. Olive Volleyball Practice			
5:00 p.m.	Kindermusik Young Child			
6:00 p.m.	Beginning Dance			
6:00 p.m.	Kindermusik Our Time			
6:30 p.m.	Financial Peace University			
6:45 p.m.	Kindermusik Imagine That			
6:45 p.m.	Creative Dance			
7:00 p.m.	Encourage Each Other Study			
7:00 p.m.	Central Iowa Knitters			
Wednesda	v. March 7			
10:00 a.m.	Pastor's Bible Study			
12:15 p.m.	Lenten Midday Traditional Worship			
	in Sanctuary			
5:00 p.m.	Midweek Meal			
6:00 p.m.	Lenten Blended Worship Service			
	in Sanctuary			
6:00 p.m.	Faith Alive			
6:00 p.m.	Junior High Small Groups			
6:00 p.m.	Senior High - The Point			
7:15 p.m.	Gloria Dei Chorale			
7:30 p.m.	Quest for Authentic Manhood			
Thursday,	March 8			
6:30 a.m.	Men's Bible Study			
10:00 a.m.	Joyful Stitchers			
2:00 p.m.	Celebration Home School Choir			
6:00 p.m.	Care Night Meal			
6:30 p.m.	Divorce Care			
6:30 p.m.	VBS Orientation			
6:30 p.m.	Men's Basketball			
Friday, Maı	rch 9			
8:30 a.m.	Scrapbook Fellowship			
6:00 p.m.	Café 923			
Saturday, I	March 10			
8:30 a.m.	Gloria Dei Quilters			
8:30 a.m.	Scrapbook Fellowship			
10:00 a.m.				
5:30 p.m.	Northwind Worship Service in the			
	Family Life Center with Communion			
E.E.O. m. m.	Cross Dises			

5:50 p.m. Grace Place

Lenten Worship	
Ash Wednesday	467
Lenten, Feb. 29	360

Outpouring of Love (Feb. 25-Mar. 3)			
General Fund Offerings	\$29,690		
3rd QTD Offering	\$258,858		
3rd QTD Budget	\$281,000		

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Week of March 10-17, 2012

Saturday, March 10			
8:30 a.m.	Gloria Dei Quilters		
8:30 a.m.	Scrapbook Fellowship		
10:00 a.m.	VBS Orientation		
5:30 p.m.	Northwind Worship Service in the		
	Family Life Center with Communion		
5:50 p.m.	Grace Place		
Sunday, M	arch 11		
7:45 a.m.	Traditional Worship Service in		
	Sanctuary		
9:00 a.m.	Traditional Blend Worship Service in		
	Sanctuary		
9:00 a.m.	Senior High Bible Study		
9:10 a.m.	Adult Bible Study		
9:20 a.m.	Castaway		
9:20 a.m.	Grace Place		
9:20 a.m.	Lifelight Bible Study		
10:00 a.m.	VBS Orientation		
10:15 a.m.	Adult Bible Study		
10:30 a.m.	Contemporary Worship Service		
	in Sanctuary		
10:30 a.m.	H3 Worship Service in Family Life		
	Center with Communion		
10:50 a.m.	Castaway		
10:50 a.m.	Grace Place		
12:00 p.m.	Dinner Theater Rehearsal		
2:00 p.m.	Girl Scout Troop 659		
2:00 p.m.	Hospitality Team Meeting		
2:30 p.m.	Daisy Troop 407		
3:30 p.m.	Girl Scout Brownies		
3:30 p.m.	Girl Scout Troop 806		

Monday, March 12

9:30 a.m.	Mom's Bible Study
9:30 a.m.	Women's Bible Connections
4:00 p.m.	Archery Family Gathering
6:30 p.m.	Women's Bible Connections
6:30 p.m.	Stephen Ministry Training

Tuesday, March 13

1:00 p.m.	Directors' Meeting
2:00 p.m.	Worship Planning Meeting

- 2:30 p.m. Tuesday Afternoon Bible Study
- 5:00 p.m. Kindermusik Young Child

luesday, M	arch 13 (continued)
6:00 p.m.	Beginning Dance
6:00 p.m.	Kindermusik Our Time
6:00 p.m.	Governing Board Meeting
6:30 p.m.	Financial Peace University
6:30 p.m.	Thrivent Board Meeting
6:45 p.m.	Kindermusik Imagine That
6:45 p.m.	Creative Dance
7:00 p.m.	Encourage Each Other Study
Wednesday	y, March 14
10:00 a.m.	Pastor's Bible Study
12:15 p.m.	Lenten Midday Traditional Worship
	in Sanctuary
5:00 p.m.	Midweek Meal
6:00 p.m.	Lenten Blended Worship Service
	in Sanctuary
6:00 p.m.	Faith Alive
6:00 p.m.	Junior High Small Groups
6:00 p.m.	Senior High - The Point
7:15 p.m.	Gloria Dei Chorale
7:30 p.m.	Quest for Authentic Manhood
Thursday, I	March 15
6:30 a.m.	Men's Bible Study
10:00 a.m.	Joyful Stitchers
2:00 p.m.	Celebration Home School Choir
4:00 p.m.	Mt. Olive Volleyball Family Night
6:00 n m	Cirla of Faith

- 6:00 p.m. Girlz of Faith
- 6:00 p.m. Care Night Meal
- 6:30 p.m. Divorce Care6:30 p.m. Men's Basketball

Friday, March 16

8:00 a.m. Urbandale Police Color Guard

Saturday, March 17

12:00 p.m. Senior Adult Ministry Event
5:30 p.m. Northwind Worship Service in the Family Life Center (No Grace Place-Spring Break)
6:30 p.m. Klinefelter Small Group

Children's Attendance	Saturday 5:50 p.m.	Sunday 9:20 a.m.	Sunday 10:50 a.m.	Wednesday	Youth Attendance	Wednesday 6:15 p.m.
Preschool	10	25	20	23	Junior High	47
Elementary	21	47	57	87	Senior High	52
Total Children	31	72	77	110	Total Youth	99

Welcome to Gloria Dei! We are glad you are here!

Educational time. We value families, so we encourage families to worship together. We will then invite the children to educational time on Saturdays at 5:50 p.m.; and Sundays at 9:20 and 10:50 a.m.

5:30 p.m. Saturday Northwind Contemporary in the Family Life Center

Discover reflection and celebration at this casual Saturday evening worship service. Communion will be offered the second and fourth Saturdays of every month.

7:45 a.m. Sunday Traditional Worship in the Sanctuary

This worship service uses organ and piano-led hymns as well as responsive liturgy. Our special music groups also perform on a regular basis. Communion will be offered the first and third Sundays of the month.

9 a.m. Sunday Traditional Blend Worship in the Sanctuary

This worship service uses organ and piano-led hymns and songs as well as responsive liturgy. Our special music groups also perform on a regular basis. Communion will be offered the first and third Sundays of the month.

10:30 a.m. H3 Young Family Contemporary Worship in the Family Life Center

Our H3 (Worship with your Head, Heart and Hands) casual service offers an atmosphere in which families are encouraged to worship together. Expect lively praise music, puppets and themed family activities. A pastor will lead the service, and the message will be a simulcast from Saturday night's service. Communion is offered the second and fourth Sundays of every month.

10:30 a.m. Sunday Contemporary Worship in the Sanctuary

Join us in the Sanctuary for high-energy and reflective worship that is awe-inspiring. Communion will be offered the first and third Sundays of every month.

Other important items

Nursery: Infants to age 3. Located on the lower level with access through the doors in the Narthex. The nursery is staffed during all worship services for children ages 3 and under at no cost to the parent.

Cry room: Located in the southwest corner of the Narthex is a room with a full view of the Sanctuary for parents to take their small children when they are upset or crying.

Weekly Bible reading - Mark 7:14-23 (NIV)

Again Jesus called the crowd to him and said, "Listen to me, everyone, and understand this. Nothing outside a man can make him 'unclean' by going into him. Rather, it is what comes out of a man that makes him 'unclean.'"

After he had left the crowd and entered the house, his disciples asked him about this parable. "Are you so dull?" he asked. "Don't you see that nothing that enters a man from the outside can make him 'unclean'? For it doesn't go into his heart but into his stomach, and then out of his body." (In saying this, Jesus declared all foods "clean.")

He went on: "What comes out of a man is what makes him 'unclean.' For from within, out of men's hearts, come evil thoughts, sexual immorality, theft, murder, adultery, greed, malice, deceit, lewdness, envy, slander, arrogance and folly. All these evils come from inside and make a man 'unclean.

If you have any questions, please ask one of our members or stop by the Welcome Centers.

Education times

Children (ages 2- grade 5)

Grace Place Saturdays at 5:50 p.m. Sundays at 9:20 & 10:50 a.m.

> **Faith Alive** Wednesdays at 6 p.m.

Youth (grades 6-12) Times vary, check page 5.

Adults Times vary, check pages 6-7.

Communion

Communion is offered on the first and third Sundays of each month during the services in the Sanctuary and the second and fourth Saturdays and Sundays during the services in the Family Life Center.

A note to our guests and visitors: The Lord's Supper is celebrated at Gloria Dei in the belief and with the confession that this Sacrament is the very body and blood of Christ (The Doctrine of the Real Presence) which is received with the bread and the wine for us to eat and drink for the forgiveness of sins and to strengthen our faith. Our Lord invites to his table those who trust his words, repent of all sin, and seek to forgive and love as He forgives and loves us. If you agree with our beliefs regarding the nature and meaning of this Sacrament and desire to commune with us, you are welcome! For the medical and/or physical needs of members or visitors, nonalcoholic wine will be in the inner circle of each communion tray and will be lighter in color than the regular wine. In addition, gluten-free wafers are available, please alert the elders before the service if possible.

